WHY ATTEND?

• The Best Coaching Anywhere!!!
• Personal attention from our award winning staff
• The Best Value at the Best Prices in the area
• Fabulous food - ALL YOU CAN EAT!
• Team and tournament competition
• Coaches join staff and attend FREE
• Conditioning and Nutritional Instruction
• Supervised swimming and residence halls
• Certified Athletic Trainers at ALL Sessions
• FREE Camp T-shirt
• Camp Store
• 20 full-size wrestling mats

Supported By:

www.teamlyco.com
TEAM CAMP: GRADES 7TH - 12TH (June 25-29)
The team concept is a philosophy that produces winners. The goal of these sessions is to provide an opportunity for high school and junior high school teams to work against outside competition during the summer and at the same time develop team unity. The system used at the Warrior Team Camp gives each team the opportunity to wrestle almost an entire season of matches during the week of camp. The instructional sessions will cover takedowns, pinning, escapes, reversals, mental attitude, strength development, nutrition and weight loss. INDIVIDUALS ARE ALSO WELCOME!!!

TECHNIQUE CAMP: AGES 8-13 Years (June 25-29)
Our technique camp has been designed to provide the junior high and elementary wrestlers with the much needed know-how for becoming a champion. It embodies a curriculum of concentrated teaching, drilling and practical application of the basic skills of wrestling. Every facet of the sport is covered by our expert clinicians including: takedowns, pinning, escapes, reversals, mental attitude, strength development, nutrition and weight loss. INDIVIDUALS ARE ALSO WELCOME!!!

Special Rates will apply to the following:
1. Two or more applicants from the same family.
2. Groups of thirteen or more (in order to receive group discount, groups must send in applications together in one envelope; those applications received individually will not be given the special discount)

Held on the campus of Lycoming College, Williamsport, PA

EASY TO REACH LOCATION IN NORTH CENTRAL, PENNSYLVANIA
Lycoming College, One College Place, Williamsport, PA 17701

Approximate Driving Time From Selected Areas (in hours)

- Allentown: 2.5 hours
- Lancaster: 2.5 hours
- Altoona: 2.0 hours
- Philadelphia: 3.5 hours
- Baltimore, MD: 3.5 hours
- Pittsburgh: 4.0 hours
- Elmira, NY: 1.5 hours
- Reading: 2.5 hours
- Rochester, NY: 3.0 hours
- Erie: 5.0 hours
- Harrisburg: 2.0 hours
- Washington, DC: 4.0 hours

2 CAMP SESSIONS TO CHOOSE FROM

TEAM JUNE 25-29
Cost: $330 Resident, $280 Commuter

TECHNIQUE JUNE 25-29
Cost: $300 Resident, $250 Commuter

Mail application with payment to:
Roger W. Crebs Warrior Wrestling Camp
Lycoming College
One College Place • Campus Box 143
Williamsport, PA 17701

Registration Information:
- Name _______________________________________
- Address _____________________________________
- City _________________________________________
- State________ Zip ____________________________
- Home Phone _____________________________
- Parent’s Cell _____________________________
- Age_____ Grade in Sept. 2022 ______________
- Weight______ School _______________________
- Coach________ Roomate ___________________
- ☐ Resident Camper ☐ Commuter Camper
- ☐ Team Camp (June 25-29) Cost: $330 Resident, $280 Commuter
- ☐ Junior High ☐ Senior High
- ☐ Technique Camp (June 25-29) Cost: $300 Resident, $250 Commuter

Please include a non-refundable deposit of $100. Checks payable to: Roger W Crebs. Return check fee is $45. Credit card payment accepted for online registration only. Payment must be in full. Check or Cash Payment accepted with the attached registration only. All postal registrations must include $100 non-refundable deposit. NO REFUNDS

I, the undersigned, individually and as a parent/guardian of ______________________ (camper) a minor, request that he/she be admitted to participate in the Warrior Wrestling Camps. I hereby agree to release, discharge, and hold harmless Lycoming College, the Warrior Wrestling Camps, their owners, agents, and employees from all causes, liabilities, damages, or claims in the course of competition and/or activities held in connection with the sports camp.

I understand that a camper who does not abide by the rules and regulations promulgated by the camp or college is subject to discharge without reimbursement of resources.

Parent/Guardian Signature Required: X

MAKE CHECKS PAYABLE TO: ROGER W. CREBS

Annual registration update:
Office Use Only: Received: __________
Check No: __________
Discrepancies: __________

www.teamlyco.com